



# Orientation Meeting Two

## The Art of Traveling

### Goals and Objectives:

Maximize your People to People experience by using the following travel tips.

As you explore your destinations, keep in mind the following points from *The Art of Traveling*, by Wilfred A. Peterson:

**Travel Lightly** – Pack only what you will need; this is a life experience, not a fashion show.

**Travel Expectantly** – Approach each destination with an open mind and a sense of adventure.

**Travel Humbly** – Respect the traditions and customs of people and places.

**Travel Courteously** – Be considerate of hosts and fellow travelers.

**Travel Gratefully** – Show appreciation when people tend to your enjoyment and comfort.

**Travel With An Open Mind** – Leave your prejudices at home.

**Travel Fearlessly** – Do not be timid or anxious. The world and its people belong to you, and vice-versa.

**Travel Relaxed** – Resolve to let go and enjoy yourself.

**Travel Patiently** – Do not be frustrated by language barriers and unfamiliar customs. Be flexible in all situations.

**Travel with a World-Citizen Mentality** – People are basically the same around the world, so emulate the program's name and be an ambassador of goodwill.

From:

*Chicken Soup for the Traveler's Soul*

Canfield, Hansen, and Zikman, 2002